

## **Fitness World Prairie Trail to open in 2014**

January 7, 2014

**ANKENY, IA** – Fitness World Prairie Trail is a new full-service, state-of-the-art fitness club to be located in a brand new 67,000 sq. ft building currently under construction at Prairie Trail in Ankeny.

DRA Properties and Prairie Trail Development broke ground on the new building, called Vintage Main, on September 1, 2013. It is located just north of Jethro's Barbeque Lakehouse in the area known as The District at Prairie Trail, the entertainment center at Prairie Trail.

The new fitness club is slated to open December 2014 and is owned by Denise Johnson, who also co-owns Fitness World locations in Ankeny and West Des Moines. Fitness World Prairie Trail will have an indoor track, strength and conditioning equipment, swimming and many amenities in 32,000 sq ft. of beautiful two-story space with a glass wall that overlooks Promenade Lake.

"We are very excited to bring this full-service fitness club to Prairie Trail," said Johnson. "The beautiful new facilities and expanded space will be a real benefit for our members. Fitness World Prairie Trail will offer a team of certified personal trainers on staff and fitness classes designed to accommodate busy schedules."

According to Ted Rapp, Development Director at DRA Properties, L.C., "The Vintage Main building and its premier tenant is the most recent addition to Prairie Trail's growing community. We are excited to kickoff 2014 by continuing the robust growth we experienced last year. Fitness World Prairie Trail is exactly the kind of strong regional and local business partner we want to bring to Prairie Trail and to The District."

In 2013, Prairie Trail saw more than \$30 million in new construction expansion including: the new Ankeny Prairie Trail Hy-Vee, which opened September 2013; a new 20,000 sq. ft. professional office space currently under construction on State Street that will be the new headquarters for CH Robinson; and the opening of three new residential plats in Prairie Trail designed to accommodate the greatest number of new homes under construction since 2008.

Rapp adds, "The remaining space in Vintage Main will be perfect for tenants who need retail and professional space with plenty of free parking and nearby restaurants. We look forward to making several more announcements very soon."

### ***About DRA Properties***

*DRA Properties is an Ankeny, Iowa-based real estate development company founded in 1992 by Dennis Albaugh. Mr. Albaugh is also CEO and owner of Albaugh, Inc., a global agricultural chemical company recognized as the largest wholly owned formulator and packager of crop protection products in the industry. More at [www.drapropertiesankeny.com](http://www.drapropertiesankeny.com)*

### ***About Prairie Trail***

*Prairie Trail is a 1,031 acre planned community built on the tradition of Iowa's great neighborhoods. It's a tapestry of diverse and distinctive homes, tree-lined streets, neighborhood stores, nearby offices, schools, parks, and greenbelts. It's a walk-able development in Ankeny, Iowa, with less traffic, more sidewalks and trails that connect the entire development to the city of Ankeny. It's a place where everything is designed to connect the people to the land, to each other, and to surrounding communities in a very traditional manner. Learn more at [www.prairietrailankeny.com](http://www.prairietrailankeny.com) Follow Prairie Trail on twitter @PrairieTrail and facebook.com/prairietrailankeny and instagram.com/prairietrail.*

### ***About Fitness World Prairie Trail***

*Since 1986, Fitness World Clubs have strived to help members of the Des Moines Metro "get more out of life" by providing quality facilities and professional help in all facets of fitness. Locally owned and managed, Fitness World Clubs are fully equipped facilities that include fitness classes, an accredited aquatic program and advanced strength equipment. Fitness World Prairie Trail owner Denise Johnson purchased her first fitness club back in 1997 and is a lifelong athlete and fitness enthusiast. Johnson ran track at Iowa State University, graduating with three degrees. She has spent a lifetime of helping others achieve their fitness goals, including time as a personal trainer, fitness instructor, coach and physical education teacher for grades K-12.*

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